



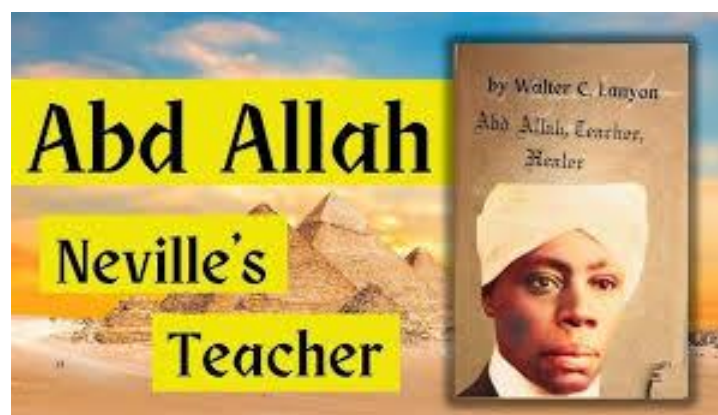
ABDULLAH'S TEACHINGS:

MANIFESTING REALITY THROUGH DIVINE ONENESS



ULTIMATE MASTERS 2025

Abdullah's Teachings: Manifesting Reality Through Divine Oneness



Lessons from ABD Allah, the super teacher and healer

Ultimate Masters www.ultimatemasters.org

ISBN: 9798308796336

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Introduction

This compilation presents teachings from Abdullah, a spiritual mentor who influenced figures like Neville Goddard. **The text explores Abdullah's philosophy**, emphasizing the power of thought to shape reality, focusing on concepts like the importance of a positive mindset, the oneness of God and man, and the ability to overcome limitations through spiritual understanding. **Several lessons are detailed**, including the practice of affirmation and denial to effect change, the importance of morning prayer and meditation, and the need to cultivate faith and align oneself with the divine. **The teachings encourage self-reliance and inner transformation**, emphasizing the rejection of material limitations and the realization of one's divine potential. **The overall message** promotes spiritual growth and a life guided by divine wisdom.

This compilation chronicles the profound teachings of ABD Allah, a spiritual master who significantly influenced notable figures such as Neville Goddard, Thomas Troward, and Genevieve Behrend. Abd Allah's insights have shaped the thoughts and practices of many spiritual teachers of his time, making this work an invaluable resource for those interested in spiritual growth and enlightenment.

We have added a section of frequently asked questions and answers, as well a quiz and glossary of key terms to aid those using this to teach or aid the learning of others.

About Abdallah

Abdullah was an enigmatic figure believed to have been of Ethiopian or Sudanese descent. He was a highly learned spiritual teacher well-versed in **Kabbalah, Christian mysticism, ancient Egyptian wisdom, esoteric Islam (Sufism), and Hindu philosophy**. His exact origins remain obscure, as little is documented about his early life, but he is said to have lived and taught in **New York City during the early 20th century**.

Abdullah is best known for mentoring **Neville Goddard (1905–1972)**, a prominent New Thought teacher who developed a philosophy of manifestation based on "**the Law of Assumption**"—the idea that one's imagination creates reality.

According to Neville, Abdullah was a deeply enlightened teacher who introduced him to the **true mystical interpretation of the Bible** and taught him about **mental causation, visualization, and the power of assumption**. One of the most famous stories Neville shared was how Abdullah **instructed him to "live in the end"**—meaning to assume that his desires were already fulfilled. This principle became a core tenet of Neville's teachings.

Key Teachings and Influence

1. **Imagination as God** – Abdullah taught Neville that **imagination is the divine creative force** and that assuming a desired state would manifest it into reality.
2. **Scriptural Mysticism** – He reinterpreted the **Bible metaphysically**, teaching that its stories are allegories for the power of consciousness.
3. **The Law of Assumption** – He emphasized that one must **embody the feeling of the wish fulfilled** to bring it into existence.
4. **Mental Discipline** – He insisted on unwavering faith in one's assumption, famously telling Neville to act as if he were already in Barbados when he desired to travel there yet Neville had no money to travel to Barbados.



Abdullah's teachings directly shaped Neville's **metaphysical and manifestation philosophy**, which, in turn, influenced many contemporary **spiritual teachers, Law of Attraction proponents, and self-help movements**.

Despite never writing books or seeking public fame, Abdullah's influence lives on through **Neville Goddard's lectures and teachings**, which remain widely studied today. His **blend of mystical Christianity, Hermeticism, and Kabbalah** continues to inspire those interested in **conscious creation and esoteric spirituality**. The compilation below is drawn from the book *Abd Allah: Teacher and healer* by **W.C. Lanyon**.

Lesson 1: Behold, the Day Breaketh

As Jethro came through the low gate, he saw ABD Allah working on a vase. It was a lovely thing to behold—large and of a heavenly blue color. The graceful arms of the potter embraced the vase as he painted clusters of almond blossoms upon the clear field. Jethro stood for a moment, watching the potter turn from his vase to the cluster of almond blossoms, which almost touched his bare brown shoulders.

The almond tree stood covered with its mist of silvery whiteness against the clear sky, and the wonder of the morning hovered over all.

“What a glorious vase,” he said, “and how perfectly you are getting the sky and the almond tree into it. When I look at it, one becomes lost in the other.”

“As it should be,” said ABD Allah, not looking up from his work. “When you have a perfect concept of anything, you can easily reproduce it.”

“I suppose the most difficult thing then is to acquire the perfect concept,” continued Jethro, gazing from the vase to the sky and tree and back again.

“It is not so difficult as it is exacting. Many people grasp at things and think to reproduce them without understanding much more than the surface covering. As a result, they create a lifeless thing, like a child attempting to draw a picture of a man. As he matures with study, he finds that understanding the structure and anatomy of man enables him to paint something beneath the skin that makes the thing more lifelike and natural.”

Jethro listened intently.

“It is like some of the students who come for instruction. When you tell them that they are perfect because God is perfect, they immediately rush away, feeling that they have grasped the whole science. They are disappointed when they cannot reproduce even in a small way what they have learned. We must study, ponder, and learn the simple lessons before we do the larger ones. I do not want to be discouraging to the student, for the moment they hear the truth spoken, there is some demonstration that they can make with what they know. But if they were only willing to demonstrate that truth, rather than attempt things beyond their current understanding, they would rise to glorious heights on a solid foundation of truth. Many times, a student makes a beautiful and spectacular demonstration without supporting it with solid evidence. When the testing storm dashes against the house, it falls, leaving him a wreck on the sands.”

“I have heard you say to the class that simplicity is the key to truth, and yet this all seems confusing to me,” Jethro admitted.

“It should not be so. When the seed of truth is first sown, it carries within it the promise of a rose, but it must go through certain steps and stages. When it has performed these stages, it will naturally open in all its glory. If forced open by mistaken loving fingers, it fails utterly because it has not arrived through steady growth at the place of demonstration. There is never a moment when the truth-seeker cannot find something wholly within his grasp that he can demonstrate. Only the problems we are able to meet at that time confront us. If we work through them persistently, clinging to the fact that we are growing toward the light, grander proofs will come to us as we go along the way.”

A soft, cool morning breeze showered almond blossoms over them. From the distance called the first morning birds. Out of the east, the sifted gold of the morning sun was changing the purple into shell pink. It was the natural time of prayer and thanksgiving. The boy took his harp and sang his morning hymn while the potter sat in silence, meditating on the wonders of life, its beauty, and its happiness.

“The heavens declare the glory of Him who made all things. Each day repeats the story, each night its tribute brings. To Earth's remotest border, His mighty power is known. In beauty, grandeur, order, His handiwork is shown.”

The sweet, warm voice quivered and fluttered on the air like some delighted butterfly and then became silent. They sat for a while in silence, eyes raised to heaven, hearts full of gratitude, feeling the impetus of their prayers rush into them. Abdullah read from the sacred scrolls:

“Fret not thyself because of evildoers, neither be thou envious against the workers of iniquity. Depart from evil and do good, and dwell forevermore. The righteous shall inherit the land and dwell therein forever. The law of God is in his heart, and none of his steps shall slide. For the kingdom is the Lord's, and He is the governor among the nations.”

After the reading had finished, the boy sang again:

“In daily contemplation of Thee, I take delight. Oh, let my meditation take hold of Thee aright. Aid me in the suppression of idle thought and word. Keep me from all transgression, Redeemer, strength, and Lord.”

“And so be it,” finished Abdullah, as he turned again to his vase.

“If everyone in the world would sit for a few moments of rejoicing at the beginning of the day, before they began contact with their brothers, they would go through the day moving mountains of error or evil. Prayer in the morning is like tuning an instrument before you begin playing on it. Some people arise and hurry out

unprepared. When a storm comes, they hope to quiet it with sweet harmony. But passing their hands over the strings of their instrument, they find it out of tune, and the storm rages on while they try to tune it amidst the roar of mortal thinking. How much better had they paused for a moment and put it in harmony with praise and thanksgiving at the beginning of the day. This is what fortifies us against the strife of the world. This is being prepared to meet the lions in the street. This is what makes our passing as that of exquisite music. A few moments at the break of day alone with their Creator—acknowledging, giving thanks, receiving instructions—that is what makes the day a golden globe wherein no shadow or worry lies.”

He turned again to his vase. Jethro watched him as he worked, constantly looking at the spray of blossoms near him. How often he turned to them to be sure he had their right size, color, and shape! He was a true artist. As if he sensed the boy's thoughts, the potter spoke again:

“When a man has a perfect concept of anything, it is not difficult to reproduce that thing. For years, I have studied the almond tree in all its changes. I have come to know the silvery whiteness of its blossoms as distinguished from the bluish white of other morning flowers. I have gained a perfect concept of it, and I am producing it here on this vase so that it may go into the city and bring with it a breath of the country.”

Jethro leaned in to observe as Abdullah added a butterfly of pale gold, resting ever so lightly on the almond branch.

“Oh, how beautiful it is! How lightly it touches the blossoms and how full of life!” said Jethro, coming nearer. “It is your inspiration—that wonderful thing which never more than touches matter and feeds among the lilies.”

Lesson 2: Sarik the Rug Maker

As Abdullah and Jethro proceeded on their way towards the temple, they passed the dwelling of Sarik, the rug maker. He sat in the open court of his little dwelling, working on an exquisite Bokara rug. The man and boy paused, then entered. Sarik rose and greeted them. He was proud of the beautiful work before him, which was nearing completion. Its deep rose hue was like velvet, against which rested geometric designs in turquoise and deep blue, edged with black and ivory.

“What a magnificent piece of work,” said Abdullah, running his fingers over the velvet texture. “It is perfect.”

Sarik smiled graciously. “It is a prayer rug for Adonna. See, here is the filot, the good luck sign,” he said, pointing a brown finger to the Greek cross ingeniously woven into the corners of the rug.

Abdullah smiled. “A good luck sign in a prayer rug seems unnecessary, especially if one knows how to pray.”

“It is,” said Sarik, “but this is an order.” He rubbed his fingers over the rich surface of color. “Not many people have yet overcome superstition and fear of signs and omens.”

“That is true,” said Abdullah. “I have known people who knew the truth yet clung to many superstitions. For instance, some imagine that by thinking for a moment in silence and then placing their hands on a certain part of the sacred scrolls, they will find an answer to their prayers. This is the rankest kind of superstition. It is a belief in a separate God.”

Sarik listened. He was a student of Abdullah and often sat in the crowd that gathered about the gates of the city when he spoke.

“Do you mean, then, that we are not to look outside ourselves for help?”

“That is exactly what I mean. There is absolutely nothing outside of you that can help or harm you. ‘Not that which goeth into a man, but that which cometh out, defileth him’—and it might also be added, makes him. The good luck signs and omens, the superstitions and fears to which men bow down, have no power either for good or for evil. It is simply the attitude of the mind toward them. If a man has a good luck charm with him, every time he thinks of it, he thinks of good luck, which attracts things to him that might not otherwise come his way. But when he is under the ban of such material thinking, many counter and cross-counter laws operate against him, rendering his sign useless.

“If he believes in luck, he must also believe in disaster or ill luck, or else he would not need a charm or sign to protect or drive away the ill luck. When a man comes to truth, he should learn first of all that the glory of truth is the understanding that there is no separateness between him and God. He needs no other sign or wonder than the mind of Christ within him. You cannot imagine God stooping to such absurd things as signs and omens. Yet, some of the most advanced thinkers still accept the signs of the zodiac and suffer from the predictions made by its adepts. Would it be reasonable to imagine God as the creator of law and then transfer control to a number of stars? The intricate mass of laws crossing and recrossing to operate millions of destinies is unthinkable. It is impossible to grasp such a complicated form, especially when it completely rules God out of His kingdom and places control in the hands of the stars. Yet many suffer both directly and indirectly because of their faith in these things.

“As a man thinketh in his heart, so is he. If he believes these things have power over him, they certainly will—until he suffers enough from the experience to reject it all and turn to the glorious fact that he is not separate for one instant from God, who is the only power. This is worthy of quiet meditation: the fact that God and man are one. It may seem vast on the surface, but when you pause and think, ‘I am one with God,’ and feel the sweet assurance of your unity with Him, a great cloud of worry and anxiety will be lifted from your shoulders. You will be freed from belief in signs and omens or even the blind belief in seeking a sign from the sacred scrolls.”

“Abdullah,” said Sarik, “I have often been guilty of this. I have prayed in silence and then placed my hands on a part of the scrolls, reading a verse to seek a direct answer to my prayers. But had I stopped to consider it, I would have known it is just as material as placing a hand on this Greek cross and expecting something good to happen.”

“True. Truth is founded on a principle, and though you hold your hand on the principle all day, it will not work out a single problem. What is required is application. When we pray, the answer is given to us along with the way to put it into practice. We need no further sign. If people truly understood the power of thought, they would be amazed. Thought is as powerful as a deed, and sometimes more so. If this realization spread, it would revolutionize the world. There are many things people think that they would not act upon, yet every thought comes to fruition in some way. Perhaps its effects can be destroyed or uprooted before it manifests if one is alert. But think of the peace of mind that comes with knowing and practicing that every thought is as powerful as a deed. It provides a protection and help beyond anything known before.”

“Our prayer should be, ‘Lord, that I may receive my sight’—the sight to see these truths, put them into practice, and rid ourselves of superstition. Let us learn to live not only near God but in God and know that He is present in every conversation and sees the thoughts of men as clearly as we see this rug before us. It is reassuring to know that no good thought or word is ever lost and that it must bring fruitage after its kind.”

Sarik listened, deep in thought. “I wish Adonna could have heard your talk this morning, Abdullah. He would never again turn to a symbol of good luck but would grasp the principle of overflowing goodness that floods our lives.”

“The rug will bring him great joy,” said Abdullah. “Its exquisite colors, so perfectly matched and blended, are a lesson in harmony and quiet, reflecting the mind of its maker. Perhaps the principle woven into every stitch and tied into every knot will someday reach out to him and make him see the true God, who knows no such thing as luck.”

Lesson 3: Treatment

A gorgeous array of colors filled the space as men assembled for Abdullah's evening talk. They came from the four corners of the city, each bringing a beautiful rug upon which to kneel or sit. Their long, flowing gowns and turbans made a particularly attractive picture against the somber gray of the walls.

Presently, the warm, sweet voice of Jethro was heard singing while he played his harp:

Call upon the Lord, and He will answer them.

As the music faded, a hush fell over the assemblage as Abdullah took his place before them.

“My friends,” he began, “I shall speak to you tonight on the subject of treatment. It is a vital topic, for it is the practical application of prayer—a matter that concerns us all.”

Understanding Treatment

“There are as many kinds of treatments as there are kinds of prayers. Some are beseeching treatments, some are defiant, some say, ‘I’ve done my part; now do yours,’ and some are practical applications of the word that heals instantly.

After a child has learned to read, there is no need for him to recite the alphabet every time he begins to read to ensure he hasn't forgotten anything. He advances from letters to words, from words to phrases, and from phrases to complete sentences.

The same is true in treatment. As a man advances in understanding, he ceases to go round and round to arrive at a result. Instead, he makes a direct, precise effort and hits the center on the first attempt.

The Method of Treatment

“The way to begin a treatment is by denial—a quick, sharp denial of the lie, as if wiping out a mistake from a blackboard or dust from a chair. This denial should not be labored or difficult but should be done with authority, without any acceptance of the condition as a reality. There is nothing to fight or resist, for all is harmony and peace.

“After the denial, the next step is to affirm the truth appropriate to the situation. It is important to discipline the mind so that it instinctively calls forth the correct antidote for error. Just as a physician has remedies at his fingertips, a wise practitioner in truth should have effective affirmations ready for use.

“I do not mean that one must stop and search for the perfect thought in every instance. Rather, the mind should be so trained in times of peace and poise that when the storm arises, one is prepared to meet it effortlessly.

“Do you know that within the sacred scrolls there is a remedy for every human ailment? You can find and use these truths. You can catalog them as you study, making them your own, so that when difficulties arise, you are ready to meet them.

Applying Treatment

“As an example, suppose a man were to fall and sprain his leg. What affirmation, after denying the possibility of accidents for God's man, would be suitable?

‘They shall bear thee up in their hands, lest thou dash thy foot against a stone.’

“Can you think of a more complete treatment? If this statement is applied quickly and with understanding, it is more likely to bring an instantaneous healing than if one were to meander through statements such as ‘God is good, good is God, God is all, all is good,’ until finally arriving at ‘nothing evil can come from God.’

“We know that many wonderful things have been accomplished through this step-by-step reasoning process. But now we are no longer babes in thought. We have grown up. We have stepped into our authority and dominion. When the word is spoken, it is done.

“When you treat, you enter the secret place. There, you find the Father within. You align yourself with Him and speak the word of healing to any wrong condition. Do not be afraid to say, ‘I will come and heal you.’ Jesus used such expressions freely, and he instructed us to follow his example.

“When you are called upon to help, it is because your light has been shining brightly enough to be noticed by someone seeking aid. Do not deny them assistance. They have, in their limited way, been led to a source of help. If that source is you, do not refuse them. **‘If you deny me, I will also deny you.’** Remember, in serving the least of these, you have also served Him.

The Power of Thought

“As we progress, we realize that every thought, good or bad, bears fruit. **‘Every idle word shall be accounted for.’** We begin to guard our thoughts as we would guard a precious pearl, for this vigilance saves us from much unnecessary labor later on.

“Do you know that the material senses close the doors between you and God, while gratitude forces them open? A grateful mind has little to overcome because it makes little of material problems.

“There is great happiness in realizing that God is working out His holy purpose through you. You are His consciousness in expression. Keep your mind clear in the morning—relax, let go, and bless everything. It has been said that a man who keeps his mind sweet until ten o’clock in the morning will meet no further obstacles that day. I believe this to be true. By that time, he has so fortified himself that error has no opportunity to take hold.

‘When I awake, I am still with Thee.’

“When I awaken from the dream of material thinking, I find God is already there. This blessed thought—that God is always where He has always been and is ready to cooperate with us—makes us want to stay close to Him.

Giving and Receiving

“We learn that in order to receive, we must give. An open mind can receive more than a closed one. The same is true of the hand. If you hold tightly to something, there is no room for more.

“Pour out your love to everyone who asks, and it shall return to you tenfold. I have never known this to fail. If I give health through the understanding of principle to another, I, in turn, receive a better sense of health. Every time I prove the law of God for someone else, I become more convinced of its truth and am strengthened in it.

“The old idea of sacrifice is but the new idea of giving. What we offer up is what we receive back tenfold. If you are afraid to give, it is a sign that your consciousness of God is small. You believe you have taken all you can from Him and dare not let it go. But when you realize you are a channel through which all good flows from God to man, you will know that as long as the channel remains open, abundance will flow through it.

‘Fear not; it is your Father’s good pleasure to give you the kingdom.’

Spiritual Growth

“As you grow in truth, you will recognize that the spiritual man is far greater than the material concept you have long held. The material man is but a poor counterfeit of the perfect image held in the mind of God.

“It is like an artist who conceives a beautiful picture in his mind and attempts to reproduce it on canvas. Even the best painters admit their complete failure in capturing the original vision. So it is with the spiritual man—the material man is but a shadow of the divine concept.

“We are called to manifest the true image. The more we embrace the divine idea, the closer we come to fulfilling our purpose.”



Lesson 4: A Thought for the Day

A thought for the day: all cause is mental; the effect will take care of itself. If you want health, don't think sickness. If you want wealth, don't think poverty. All cause is mental.

Make note of this and check yourself during the day to see how many times you have slipped into wrong mental patterns. Do you sow the cause of something today and then worry about the effect tomorrow? Look to the cause. A muddy stream, when cleared at the source, will usually clear as it empties into the ocean. The effect will follow the cause.

Everything starts in the mind. If you don't believe this, check over the things you possess—your health, your wealth, your happiness—and see how many of them are not traceable to some beginning thought.

The Power of Thought

All cause is mental; the effect will take care of itself. Remember the commandment: **Do not kill.** Hatred kills. How many times a day do you kill something by hatred? Hatred is a burning, scorching fire that consumes only the place of its origin.

Love, the opposite of hate, is life. Love engenders hope and life. How many times a day do you stimulate new action by your love? Love is also a healing oil that soothes, calms, and brings peace to the suffering heart. It is the direct antidote to hate.

Cleansing the Mind and Spirit

“I am the temple of the Living God.” Thought along this line will rebuild and renew the broken and fallen body, cleanse, purify, and strengthen the abiding place of Spirit. How often do you enter your temple and drive out the money changers—evil thoughts and deceptive concessions to matter?

Make a practice of entering each morning for prayer. **“He that seeth in secret shall reward thee openly.”**

“Man doth not live by bread alone, but by every word that proceedeth out of the mouth of God.” Did you ever try to meditate upon this before sitting down to dinner? If not, try it and see what happens.

“I can do all things through Christ which strengtheneth me.” What do you want to do? The next time you decide to take a new step, meditate upon this truth. Then find out where the Christ is. **“Lo, I am with you always.”**

“If I be lifted up, I will draw all men unto me.” If you lift your thought to a oneness with the Christ within, you will not only attain what you wish but will actually draw it to you. You will become a magnet for good, and only for good.

The Power of Your Thoughts and Words

Do you realize that you daily show the world what your thought has been? Your body is the practice ground where everything is displayed. Start now watching your thoughts so that the much-needed change can take place, and the world can see your light before it hears your voice.

“Let your light so shine before men, that they may see your good works and glorify your Father which is in heaven.” Where is heaven? Think about these things quietly. Get away from personal attitudes.

Some people identify themselves with disease until they actually lay claim to it. They speak of **“my cold,” “my sickness,”** or **“my problem.”** Don't monopolize these errors; you might get a corner on them and find you have a poor product on your hands. Get an impersonal view of life and use good abundantly, but don't try to hoard it. A little water becomes stagnant when cornered, but the stream stays fresh and pure.

When you realize the power of thought, you will begin to understand that the spoken word has immense power. When used carelessly, it becomes a dangerous thing. **“A little learning is a dangerous thing.”** Guard your thoughts. **Watch, watch.**

The Importance of Repetition and Mastery

Repetition is necessary to discipline the thought. Do not grow weary when the same truth is presented to you in multiple ways. We must overcome and master the old self so that **“when the prince of this world cometh, he will find nothing in me.”**

He comes hourly. He is presented to you by every passing person who is not thinking rightly. Guard your thought so that he finds nothing in you. If you want to learn about life, study it from different perspectives—first as power, then as love, then as truth, then as intelligence. Take each in turn and see how much of the real essence flows into your life.

Returning to the Father

Remember, **God is the only life.** That means God is your life, and your life must have all the attributes of God. Examine yourself to see if you manifest them. Be insistent on this—it is worth it.

Remember, you can always rise and go unto your Father. **“He will meet you when you are afar off.”** There are no outcasts in the kingdom of heaven. The mere desire

to return to your Father's home points you in the right direction. It is only a matter of persistence until you arrive.

Do not feed upon the husks of fear, doubt, or condemnation. You are freeborn. **Assert your freedom.** Arise and go to your Father.

Trusting in Divine Guidance

Very often, you do not need to fight. **“Put up your sword.”** The battle is not yours but God's.

Do not think you can throw your burdens onto God—there is nothing to throw. Cleanse your mind, and your problems will disappear. Do not think that idly drifting will get you anywhere. **Resting means perfect activity and trust.** Just because the battle is God's does not mean you shall lie down in idle dreams. Rather, it means you must stay awake, listening for the clarion call of victory.

Wherever you are, even if you have struggled and failed, abundance is present when you let go of material thinking. **“Let down your nets.”** You shall not only catch plenty of fish but also become fishers of men.

You do not have to leave your present place to rid yourself of a problem. In fact, if you do, the problem will likely be the first to greet you when you arrive at your new destination. **Overcome it here and prove that this is holy ground.**

You can do it. **Gird up your loins and set forth.**

Lesson 5: Now Are We the Sons of God

Now are we the sons of God. Have you ever claimed your rightful position in life? Have you ever tried to feel that you are the son of a King—the most powerful and only King of the universe? If not, take a few moments each day to dwell on this truth. By the end of a month, you will embody a nobility and power that may have seemed impossible before.

When you affirm, "**I am the son of a King,**" a supreme and uplifting realization takes hold of you. You awaken to an inner aristocracy that transcends family crests, coats of arms, or lineage. Without warning, you begin breaking through walls of doubt, limitation, fear, and worry. You cast off the burdens of care and tear down the clinging vines of doubt, trampling underfoot the weeds of fate and destiny.

Oh, what a glorious feeling! A new and perfect thrill fills you as you realize that life's grandest dreams and earliest fairy tales are not only possible but within reach. You discover that you can live in the palace of the King with an abundance of love and life. The King's treasury is open to you as you step into your finest self, expressing the magnificent gifts of love and joy.

From this newfound authority, you speak with confidence. Within the secret place of your being, you commune with the Divine. You declare: "**I am healthy. I am wealthy. I am joyous. I am happy.**" This thrilling process reveals your unity with the Most High. You and the Divine are one. Your mind becomes supreme, and your actions follow suit. You were born to have dominion, to rule with authority.

The weeds of fear and limitation that once entangled you are revealed for what they are—illusions that you allowed to take root during moments of forgetfulness. These illusions lulled you into believing there was no escape from your conditions.

Awakening to Your Divine Heritage

Awaken to the truth! The call of the King's trumpet beckons you to rise like the beauty who slept for a hundred years, surrounded by an impenetrable forest. Your divine heritage comes to rescue and reclaim you. The stirrings of life and dominion restore order to your palace and waste places. With one sweep of your mighty power, you cleanse your mind of the binding thoughts that held you captive.

You emerge supreme and triumphant. Your body—your palace—becomes radiant with new strength and life. Your divine self rises and asserts its power, driving out fear, doubt, and sickness. The trumpet of your hour is sounding, and you are free. You stand in dominion, rejoicing in the knowledge that you are supreme.

As you embody your divine sonship, you become a miracle worker and demonstrator of truth. Your faith, once as small as a mustard seed, now flourishes like a mighty oak, spreading its influence far and wide. You act with authority, guided by the Divine within.

Living in Eternal Youth and Strength

When bringing forth new ideas or manifestations, ensure they are vibrant and life-affirming. Life is eternal and knows nothing of age, blemishes, or the constraints of time. Release the belief in years and embrace the reality of eternal youth. Strength, joy, and love are the hallmarks of youth. Are they present in your life? Radiate these qualities, making others glad when they meet you.

If you seek strength, envision Hercules. If you desire youth, hold to the image of vibrant, flourishing life. Saturate your thoughts with what you wish to manifest. What you hold in mind will be drawn to you.

As the child of a King, hold nobility in mind. Bless all mankind and rejoice. Refuse to accept any adverse condition, meeting challenges with joy and steadfast determination. You are free, joyous, and carefree.

Releasing the Past

Past conditions fall away like chains broken from your spirit, rolling into the deep pool of forgetfulness. Trace wrong conditions back to their originating thoughts, release them, and let them go. Freeing others from their bonds, you free yourself, entering into a glorious unity with God and the universe.

Sing songs of praise and thanksgiving. Dedicate yourself and your body to a glorious service of gratitude. Celebrate your wonderful body and forgive it for all the negative things you may have accused it of. Declare to it: "**Neither do I condemn thee. You are free.**"

Remember, **you are the temple of the Living God**—a glorious, radiant temple, beautiful to behold. Rejoice over this truth and embrace it fully. When you begin this praise service, a multitude of negative, diseased, and sinful thoughts will flee from your mind. Taking with them superstition and fear, and finding no place to return, they will dissipate completely.

As you stand overlooking the infinite sea of love and strength, your heart fills with joy. **Rejoice! Rejoice! Rejoice!**

Lesson 6: In the Beginning

In the beginning... What does that phrase call to your mind? What do you think of when you say, "**In the beginning**"? Can you mentally take yourself to a place of hushed silence where nothing was yet manifested? That is **the beginning**.

From that point, as you move away from the beginning, you begin to see creation appear. Out of what did it appear? In the beginning, before a single plant or animal had come to light, there was only silence. **The substance of things hoped for** is the material from which creation was made. This beautiful world of ours was made out of something. You must admit that it was not drawn out of nothing or vacuity. It was formed and molded out of **thought substance**—which became visible.

A perfect concept of a thing rested in the mind of the Father. When perfected, it was brought into light and made a living word, or **the Word made flesh**. Even today, nothing is made out of nothing. You must have something to create from. You must have **substance** out of which to make a thing.

Understanding the Power of Creation

When you take all this reasoning back to **in the beginning**, you realize what a wonderful thing **thought substance** is. It is the foundation, cause, and effect of everything. Did you ever stop to think where a stick of wood really came from? You might answer, "**It grew.**" Yes, but even granting that it grew, it must have had something to grow from—something out of which to form its visible substance.

Certainly, the finished oak is in the acorn. But what is it that makes the cells and fibers and finally the solid oak? You say a man grows from a baby or unfolds, but what is it that supplies the material accompaniment of growth? Taking all this back again to **in the beginning**, we find that everything first had its origin in **mind**. Mind is the substance or formless **something** out of which creation was drawn. The command "**Let there be**" was the power that shaped it to its desired end.

Before you write a letter, it is first formed in mind. Then you gather the material to make the letter. If you build a house, you first do it **mentally**, where the image of the thing rests eternally. Gradually, as you assemble the materials and workmen, you see your mental picture brought into realization. The same is true for a demonstration of **health**—you must first assemble the thoughts or **mind substance** out of which health is made. By carefully drawing your arguments and laying the foundation, you begin to see your **mental picture of health manifest in the flesh**.

The Role of Faith in Manifestation

One of the greatest shaping processes that brings form or demonstration from Divine formless substance is **faith**. You may say, "**Well, we are just where we started years ago, back to the idea called Faith.**" But perhaps you have never stopped to consider what faith truly means.

When understood metaphysically, **faith surpasses mere wishing and longing**. It becomes a non-anxious wisdom—one that relaxes yet remains keenly alert. It is akin to something positive, like **turning on a switch and expecting electricity to flow**. So faith, when raised to its highest understanding, becomes a more powerful motive force than electricity itself.

"Thy faith has made thee whole." Not thy longing, wishing, or even desiring—but **thy faith**.

We need to cultivate the same faith as the woman who touched Jesus and received her healing, the faith of the man let down through the roof, and the faith of the Centurion. When we begin to realize that **we are aligned with the Father within**, we begin to speak with **authority** that this alliance makes possible.

When someone comes to you for help, they have **faith** in you and your ability to do the work. They are not seeking the **material you** but **the Father within you**, who has for some reason been made manifest to them through you. Hence, they seek Him **through you**.

Aligning with Divine Authority

Your duty, then, is to say, with the Father, to your patient: "**Thy faith has made thee whole. Take up thy bed and walk.**" And if you dare to do such a thing in the holiness of this alliance, **your patient will indeed rise, walk, and be renewed**.

Do not be afraid to **ally yourself with your Father**. Cease claiming a material parenthood. You are not defined by your earthly lineage or a family name if it binds you to a material heritage. **You are the child of a King and are to be about your Father's business**.

It may help you to return to the concept of "**In the beginning**" and clear your mind. Go back to the time when nothing was yet made manifest and start your "**Let there be**" process, focusing only on what you desire to see manifested. If you wish to build a house, you do not hold in mind a **cave or a hut** but a finished **house**. So it is with health, wealth, and happiness—you must hold **the pattern shown to you on the mount** in your mind continuously.

At certain stages of building a house, it may look like little more than a pile of debris. Yet from this comes the finished product. The **shell must be cracked** and the cocoon must be destroyed before the advanced stages of demonstration can occur.

Claiming Your Divine Inheritance

It may seem like **pestilence, want, or famine** to step out onto the sea of material laws. But if your **faith is steadfast** and your eyes remain fixed on the goal, only **progress can follow, and you will not sink.**

"I shall arise and go unto my Father." This is the first step in returning from a far country. **Rise up wherever this message finds you and return to your Father.** He is within you, waiting to ally Himself with you. Through Him, **all power shall be given to you,** and the years or months of mistakes and errors will fade away.

When you and your Father journey to **the Kingdom,** you will find that **the Kingdom of Heaven is within you.** Together, you will rebuild the fallen walls of your garden. You will say to the weak places: **"Be strong. Be renewed. Receive your light."** You will speak life anew to the flesh and see it **manifest fresh, pure, and vibrant with the vigor of youth.**

Go forth into your garden and **renew** the lifeless places. Reclaim the coming of **the Kingdom of Heaven.** Cast out the illusion of age through your knowledge that **Mind, Life, God, and You are eternally young and beautiful.**

Time and external conditions hold no power over you. **Not that which goeth in, but that which cometh out of a man defileth him.**

Think about this: suppose you smile. Does the act originate within or without? It is **within,** of course. You are at least somewhat conscious of the mental effort. The same principle applies to **wrinkles, gray hairs, or poor health.** The unthinking flesh could **no more** produce these conditions than a glass globe could—were it not for the **voluntary or involuntary action of the mind behind it.**

Align yourself with **the Father within** and return to **In the Beginning.** You gain the opportunity to **work everything anew,** rid yourself of objectionable conditions, and bring forth new manifestations. **The law of God, unchangeable and perfect, has made you free. Claim this freedom.** Align yourself with the Father within and dwell in the **Kingdom of Heaven. This is your heritage of joy. Embrace it, use it, and make it your own.**

Abdullah's Teachings: Manifesting Reality Through Divine Oneness

- **What is the core message of Abdullah's teachings?** Abdullah's teachings center on the idea that reality is shaped by our thoughts and beliefs. He emphasizes the power of the "inner man" or divine spark within each individual, which is one with God and has dominion over the physical body. He teaches that by cultivating a perfect concept of our desires, and by aligning our minds with the divine, we can manifest a more perfect experience. He stresses the importance of understanding and applying this principle in all aspects of life, including health, prosperity, and overall well-being. Simplicity, consistent self-reflection and communion with the divine are key.
- **How does Abdullah describe the process of creating our reality?** Abdullah uses the analogy of a potter creating a vase to illustrate this process. Just as the potter must have a clear concept of what they want to create before beginning, so must we have a clear mental picture of our desired outcomes. This perfect concept is not just a superficial understanding, but a deep, internalized vision. He explains that thought is substance, the formless material of creation. Faith is the power that shapes this substance. It's a non-anxious wisdom, like turning on a light switch and expecting it to work. By consistently holding this concept in mind, we begin to manifest it into physical reality, overcoming the limitations we have previously imposed upon ourselves.
- **What is the significance of morning prayer and meditation in Abdullah's teachings?** Morning prayer and meditation are viewed as essential for setting the tone for the entire day. They are described as "tuning an instrument" before playing, ensuring that our minds are in harmony with the divine before facing the challenges of the world. This practice of tuning to "praise and thanksgiving" prepares us to meet difficulties with strength and clarity. Abdullah recommends clearing the mind of all negative thoughts, embracing a new perfect chance, and aligning with the divine. He suggests starting the day by acknowledging, giving thanks, and receiving instructions from the divine, thereby fortifying ourselves against the "strife of the world".
- **How does Abdullah view the relationship between the body and the "inner man"?** Abdullah distinguishes between the physical body and the true "man" – a divine being in partnership with God. He asserts that the body is not man, but rather a canvas upon which the inner man expresses itself. The body has no control over the inner being; instead, the inner man controls the

body through thoughts, shaping and decorating it according to their beliefs and concepts. Abdullah states that we are divine beings with authority, not simply bodies. This understanding allows us to detach from the limitations of the body and experience true freedom. He refers to the body as a vase that we can shape at will.

- **What does Abdullah say about healing and the use of "treatment"?** Abdullah's teaching on healing emphasizes the power of direct, authoritative affirmation rooted in divine principles, not just generalized positive thinking. He advocates for a swift denial of error and a strong affirmation of the desired outcome. He uses the example of a man spraining his leg, advocating for statements like "They shall bear thee up in their hands lest thou dash thy foot against a stone." rather than a long, drawn-out affirmation process. Abdullah says we must ally ourselves with the father within and speak the word of healing with authority. Treatment, in his view, is about aligning with the divine and making use of spiritual laws, understanding our authority and dominion, rather than a begging or pleading to some external force.
- **How does Abdullah address the concept of luck, signs, and omens?** Abdullah dismisses the idea of luck, signs, and omens as superstitions that have no power in themselves. He asserts that nothing outside of us can truly help or harm us. He teaches that we should not seek external answers but should look within, recognizing our unity with God. He suggests that the power of good luck charms comes only from the positive attitude they elicit in the user's mind, and that we should not rely on these things for security. He says that we should learn that the glory of truth is the understanding that there is no separation between us and God, and therefore, there's no need for external signs. We should look to the "mind of Christ" that is within, rather than material signs and superstitions.
- **What does Abdullah say about our relationship with God and the concept of "Oneness"?** Abdullah stresses that we are one with God, emphasizing that there is no separation between us and our divine source. He encourages individuals to realize this oneness and not to believe that God is separate or outside of themselves. He states that God is changeless and that we, being one with Him, are too. Therefore, beliefs about aging, decay, or life in matter are illusions. This realization of oneness, according to Abdullah, is a source of great freedom and allows us to manifest more of the divine within ourselves and in the world. This understanding that "I and my Father are one" is fundamental to his teachings, implying a direct connection and co-creation with the divine.

- **How does Abdullah explain the concept of "in the beginning"?**
Abdullah uses the phrase "in the beginning" to guide people to consider a state of pure potential, a time before any manifestation. He states that all things originated in "mind," which is a formless substance, a sort of thought stuff out of which all of creation is drawn. When we go back to this "beginning", we understand the power of mental creation. Abdullah explains that this initial thought substance was shaped by the word (command) of God. He encourages us to go back to this origin point, clear our minds, and consciously create the experiences that we wish for. By returning to this state of pure potential, we can take control of our lives and actively shape them with divine power.

The Teachings of Abdullah: A Study Guide

Short Answer Quiz

1. According to Abdullah, what is the most difficult aspect of reproducing a perfect concept?
2. How does Abdullah describe the initial demonstration of truth by a student?
3. What is the significance of morning prayer, according to Abdullah?
4. How does Abdullah explain the relationship between mind and body?
5. What does Abdullah say about "good luck signs" and omens?
6. According to Abdullah, what is the nature of a thought, and how does that impact actions?
7. What is Abdullah's advice on the denial and affirmation in treatment (prayer)?
8. How can gratitude aid in the relationship between an individual and God, according to Abdullah?
9. What are the phases of spiritual growth that Abdullah describes, as an allegory for an Overcomer?
10. How does Abdullah describe the "beginning" in terms of the creative process?

Answer Key

1. The most difficult aspect is not acquiring the concept, but making it exacting, meaning to understand that many grasp at the surface without understanding the underlying structure, hindering the ability to truly reproduce it.
2. Abdullah states that when one first hears the truth, there is some demonstration that can be made with what is known, however, students should not try to demonstrate things beyond what they currently understand. They should practice what they know and build a solid foundation of truth before trying to demonstrate bigger concepts.
3. Morning prayer is like tuning an instrument before playing; it fortifies against the strife of the world, prepares one to meet challenges, and makes one's passing like exquisite music, setting the day as a "Golden Globe" without worry.
4. Abdullah explains the mind is the animating influence, the power that controls the body. The body is a canvas, while the mind is the artist, and it is the concept of the man held in mind that is manifested on the body.

5. Abdullah states that good luck signs have no intrinsic power for good or evil, but the attitude of the mind towards them has power. If one believes in good luck charms, they are also subject to counter-laws, because one believes in bad luck.
6. Abdullah says a thought is as powerful as a deed, sometimes more so; it can come to fruition, and if it's destructive, one must uproot it. Realizing this furnishes protection, helping one be more mindful.
7. The treatment should begin with a quick, sharp denial of the error (the problem), followed by an affirmation appropriate to the condition. This should be done with authority, without accepting the condition as real, drawing from a well of prepared understanding.
8. Gratitude is the flood tide of love that forces open the doors closed between an individual and God by the material senses, allowing for a deeper connection, and minimizing material problems.
9. The phases are: the birth of a new idea, the awakening to truth, baptism, temptation (where the overcomer is thrown into despair), the climb upward again (more determined), followed by a crucifixion (crossing out of belief in the flesh) before the resurrection and finally the ascension, and knowing matter no more as a reality.
10. Abdullah describes the beginning as a place of hushed silence where nothing was yet manifested, from which creation arises, and all things are formed and molded out of thought substance or Mind.

Essay Questions

1. Discuss the metaphor of the potter and the vase. How does this analogy illustrate Abdullah's teachings on the power of concept and the relationship between mind and body?
2. Analyze Abdullah's views on the nature of thought. How do his ideas challenge conventional understandings of thought and its impact on one's life and experiences?
3. Explore the role of prayer and treatment in Abdullah's philosophy. How does he distinguish between different types of prayer, and what does he consider the most effective approach?
4. Examine Abdullah's perspective on the relationship between God and man. How does he emphasize the concept of oneness, and what are the implications of this for individuals in their daily lives?

5. Evaluate Abdullah's discussion of spiritual growth and the overcoming of material limitations. How do his teachings encourage individuals to rise above limiting beliefs and claim their divine heritage?

Glossary of Key Terms

Affirmation: A positive statement or declaration used in treatment (prayer) to assert a desired state or condition.

Concept: A mental idea, image, or understanding of something; according to Abdullah it is the seed from which reality is grown.

Denial: The act of rejecting or disavowing a negative condition or belief as untrue in treatment (prayer).

Demonstration: The outward manifestation or evidence of a spiritual principle or truth through experience.

Dominion: Authority or control; in Abdullah's teachings, man's inherent right and ability to control his experiences through thought.

Eternal Mind: The source of all things, equated with God, from which thoughts and concepts originate, also referred to as the father within.

Overcomer: A person who has overcome material limitations through the application of spiritual principles.

Still Small Voice: The inner guidance of God that is available to those who listen and are receptive, and is their best teacher according to Abdullah.

Substance: The formless, underlying material out of which all creation is formed and molded.

Treatment: The practice of prayer, affirmation, and denial to bring about a desired state of well-being, healing, or manifestation.

Final Briefing Detail on Abdallah the teacher and healer

Here is a detailed briefing document analyzing the provided excerpts from "Abdullah: Teacher, Healer - Spiritual Mentor of Neville Goddard":

Introduction:

This document summarizes the core teachings and concepts presented in the provided excerpts from "Abdullah: Teacher, Healer" by W.C. Lanyon. The book chronicles the spiritual teachings of Abdullah, a mentor to prominent figures like Neville Goddard. The text emphasizes the power of thought, the nature of reality as a mental construct, and the inherent divinity and authority of the individual.

Key Themes and Concepts:

1. The Power of Concept (Perfect Idea):

- Abdullah emphasizes that the ability to reproduce something comes from first having a *perfect concept* of it. As he says, "*when you have a perfect concept of anything, you can easily reproduce it.*" This applies not just to physical creations (like a vase) but also to one's life and well-being.
- The difficulty lies not in *doing*, but in *understanding* and *conceptualizing*. People often grasp only at the surface, resulting in "lifeless things."
- To create a perfect concept, one must study the underlying structure and essence of the desired thing, just as the artist studies anatomy to create lifelike paintings. "*as he matures with study he finds that a study of the structure and anatomy of man enables him to paint something beneath the skin that makes the thing more lifelike and natural*".

1. The Importance of Gradual Growth and Demonstration:

- Spiritual understanding is not a matter of instant enlightenment, but a process of "steady growth." "*when the seed of Truth is first sown it has in it the promise of a rose but it has certain steps and stages to go through and when it has performed these stages it will just naturally open in all its Glory*".
- Students should focus on demonstrating truths they *already* understand rather than rushing to grasp concepts that are beyond their current level. "*there is never a moment when the truth Seeker cannot find something wholly within his Ken that he can demonstrate over*".
- Demonstrations based on superficial understanding are unstable and easily shattered when challenged.

- Simplicity is key to truth.

1. Morning Prayer and Mental Tuning:

- Morning prayer is likened to *"tuning an instrument before you begin playing on it"*. It sets the tone for the day and provides fortification against worldly challenges.
- This practice involves acknowledging, giving thanks to, and receiving instructions from the Creator. *"a few moments at the break of day alone with their creator acknowledging giving thanks receiving instructions that is what makes the day as a Golden Globe wherein no Shadow or worry lies"*.
- A mind that is "washed pure and clean" of negativity each morning will have a better day.
- The emphasis is on being "prepared to meet the lions in the street," rather than trying to "quiet a storm" when unprepared.

1. Man's True Nature: Not Body but Spirit:

- Man is not the body, but the animating influence or the *mind* which controls the body. *"you are more than body body is not man man is the something which cooperates with the father within and which controls the body absolutely"*.
- The body is merely a "canvas" or "vase" upon which we manifest our concept of ourselves. *"it is our canvas upon which we can see the word made flesh it is our practice ground"*.
- We have authority and dominion over the body through our thoughts. *"we control the body by our thoughts we Trace upon it what we will We fashion it as we desire"*. This challenges the idea of being limited by the physical or material.
- Man is a "Divine spark" endowed with authority and power, one with the Father within. *"you are the Divine spark which is the true man and which is a little lower than the Angels endowed with authority and power"*.

1. The Law of Thought:

- The fundamental principle: *"as a man thinketh in his heart, so is he."* This law shapes one's reality, both positive and negative. It is a direct link between inner state and outer experience.
- Sick thoughts manifest as illness, while positive thoughts bring health and joy.
- One must recognize the power of thought and consciously direct it toward what is desired. *"when a man does waken and sees that his thinking has made him or brought him where he now stands he immediately starts the reversing process and if he faint not he shall see results"*.

- Changing conditions requires a commitment to consistently sowing "good thoughts, good deeds, and words."

1. **Rejection of Superstition and External Reliance:**

- There is nothing outside oneself that can help or harm. *"there is absolutely nothing outside of you that can help or harm you"*.
- Superstitions, luck, omens, and reliance on external signs (like the zodiac) are distractions from the true source of power within. *"good luck signs and Omens the superstitions and fears to which men bow down have no power either for good or for evil it is simply the attitude that the mind of the man takes toward them"*.
- The focus should be on the "mind of Christ that is within" and the unity between man and God, not external symbols.

1. **The Power of Thought and Word:**

- A thought is as powerful as a deed, and sometimes more so. *"a thought is as powerful as a deed and sometimes more so"*.
- Every thought comes to fruition and must be addressed. It is necessary to be aware of your thoughts to understand what your inner world is manifesting into your outer world.
- Every thought should come from God once one understands the "oneness of God and man".
- It is important to take notice of how one thinks and speaks. Words are powerful and can cause change. *"the spoken word has a power which when used carelessly is a dangerous thing"*.

1. **Treatment as Practical Application of Prayer:**

- Treatment is the "practical application of prayer" and involves a direct, authoritative approach.
- It begins with a quick, sharp denial of the "lie" (the error/problem), followed by an appropriate affirmation of truth. *"a quick sharp denial of the lie as if by one swipe of the hand you wiped out the existence of a mistake on the Blackboard or removed the Dust from a chair this denial should not be labored or difficult it should be done with authority and without any acceptance of the condition as a reality"*.
- One should train the mind to call forth the direct antidote for error, just as a physician uses specific remedies.

- When treating, align oneself with the Father within and speak the word of healing with authority. *"when you treat you enter the secret place and there you find the father within you Ally yourself with him and speak the word of healing to any evil or wrong condition do not be afraid to say I will come and heal you"*.
- Gratitude is the "flood tide of Love" that forces open the doors between us and God.

1. **The Spiritual Path of Transformation:**

- The spiritual path involves a process of transformation through stages: the birth of a new idea, an awakening to truth, baptism, temptation, overcoming, crucifixion (of material beliefs), resurrection, and ascension. *"as we go further into the promised land we see that every thought either good or bad bears fruit of some sort Every Idle Word shall be given account of and we begin to guard our thought and action as we would the pearl of great price and well we should for this guarding saves us endless work later on"*.
- Material thinking must be "stamped out" for true happiness and glory to be realized.
- The spiritual man is far greater than the material concept of oneself.

1. **All Cause is Mental:**

- The principle that "all cause is mental the effect will take care of itself" is a main principle discussed by Abdullah. He uses it as a method of instruction to his students, and to encourage them to take personal accountability for their thoughts and actions.

1. **"I am the Son of God":**

- Claiming one's rightful position as a "son of God" awakens an inner power and nobility. *"when you affirm I am the son of a king a supreme and uplifting realization takes hold of you"*
- It breaks through limitations of doubt, fear, and worry.
- It allows one to step into one's "finest self," expressing love and joy. *"oh what a glorious feeling a new and perfect thrill fills you as you realize that life's grandest dreams and earliest fairy tales are not only possible but within reach"*.
- It empowers one to live with authority and to be a "miracle worker."
- One can cast off the "illusions" of fate and destiny and be free and joyous.

1. **"In the Beginning":**

- The phrase "in the beginning" is a call to mentally return to the source of all creation, to the hushed silence before anything was manifested.
- Creation arises from "thought substance" – this substance is infinite and everywhere.
- Everything starts in the mind and is then brought into material form through faith and conscious thought. *"mind is the substance or formless something out of which creation was drawn"*.
- Faith, understood metaphysically, is a "non-rising, unanxious wisdom" that allows one to tap into the creative power. *"when understood metaphysically Faith surpasses mere wishing and longing it becomes a non-rising unanxious wisdom one that relaxes yet remains keenly alert"*.
- One should claim alliance with the Father within.
- Rejection of age and decay are necessary and can be achieved by understanding that life is spirit and unchanging.

Conclusion:

The teachings of Abdullah, as presented in these excerpts, offer a powerful and transformative perspective on reality. They emphasize the power of thought, the inherent divinity of the individual, and the importance of inner alignment with the source of creation. By understanding these principles, one can cultivate a life of health, joy, abundance, and dominion. The text encourages students to move from a place of reliance on the external to a place of awareness of their own inner power and ability to shape their reality.

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About the publication

What if you could **step into your divine authority** and **co-create your reality** with the infinite power of God? *In the Beginning* is a transformative journey into the **mystical principles of creation, faith, and manifestation**, unveiling the hidden truths behind **spiritual dominion, healing, and limitless abundance**.

Drawing from timeless metaphysical wisdom, this book presents the **sacred teachings of Abdullah**, a spiritual master whose insights have shaped the thoughts of great mystics and philosophers. It explores **the foundation of divine sonship**, the **law of thought and creation**, and the **transformative power of faith** that turns vision into reality.

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- ✓ **Align with the Father within** and claim your **divine inheritance**
- ✓ **Manifest health, wealth, and joy** through the creative power of thought
- ✓ **Speak with authority** and release yourself from fear, limitation, and doubt
- ✓ **Transform your body and mind** by embracing eternal youth and divine renewal
- ✓ **Overcome obstacles** by understanding the **sacred law of cause and effect**

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ISBN: 9798308796336